

75 Easy Items to Declutter Now

Want an uncluttered space, but have trouble letting go? Start with these 75 easy items that will strengthen your ability to "let go", let you experience the satisfaction of letting go, *and* motivate you to take on larger, more challenging projects and decisions. If you aren't sure what to do with everything you are letting go of, click [here](#) for a London Donation, Resale and Disposal Guide.

Bathroom/Linen

1. Makeup that is expired, you don't like/use
2. Old nail polish
3. Hair accessories that are overstretched, you don't like/use
4. Toiletry samples you won't use
5. Any skin care products you tried and didn't like
6. Any hair products you don't like or won't finish
7. Expired medications
8. Worn towels, sheets, and blankets

Kids/Crafts

9. Puzzles with missing pieces
10. Games with missing pieces
11. Broken toys
12. Outgrown toys
13. Crayon nubs/broken crayons
14. Dried-up glue
15. Dried-out paint
16. Dried-out markers
17. Dried out Play-Doh
18. Colouring/activity books that are full or no longer used
19. Remnants from prior crafts that won't be reused.

Basement/Garage

20. Dried-up paint/paint colours no longer in your home
21. Anything rusty/mildewed
22. Broken tools
23. Broken/never used exercise equipment
24. Outdated baby gear
25. Highschool/college textbooks and notebooks
26. Old home decor pieces
27. Broken or outgrown outdoor toys/games/accessories

Electronics

28. Old phones/chargers
29. Mystery chargers
30. Old computers
31. Outdated electronics
32. Old DVDs, VHS and cassette tapes
33. Packaging/boxes from electronics
34. Used ink cartridges

Kitchen

35. Mugs you don't like, don't use, or are chipped
36. Cookbooks you don't use
37. Expired food and spices
38. Food storage bottoms and tops without matches
39. Chipped dishes and glasses
40. Broken or unused small appliances
41. Water bottles you don't like, that are missing parts or are no longer in good condition
42. Duplicate cooking utensils
43. Worn, warped, or stained cutting boards
44. Serving dishes/trays you don't use or are duplicates
45. Cookie cutters you don't use
46. Towels, cloths, tablecloths, napkins you don't use/are worn
47. Manuals for items no longer owned or can be found online
48. Expired coupons, warranties, invites etc.
49. Take-out menus
50. Junk mail
51. Old cleaning supplies you won't finish and old cleaning cloths/sponges

Clothing/Accessories

52. Socks with no mate or holes
53. Earrings with no mate
54. Jewelry that is no longer your style or is broken
55. Belts and wraps that are no longer your style or are not in good condition
56. Shoes/heels that are no longer your style, are uncomfortable, or aren't in good condition
57. Stained/torn clothes
58. Bags/purses that are no longer your style or aren't in good condition
59. Nylons/tights with runs
60. Underwear that has holes, stains, or has lost elasticity
61. Bras that have rips, are uncomfortable, or no longer fit
62. Lingerie you don't like/doesn't fit

Mudroom/Entryway

63. Glove/mitt with no mate
64. Expired sunscreen
65. Broken sunglasses or sunglasses you no longer like
66. Broken umbrellas
67. Hats that are too small, stained, damaged, uncomfortable or otherwise doesn't get worn.

Miscellaneous

68. Old eye glasses
69. Dead batteries
70. Dead lightbulbs
71. Pillows that are too flat
72. Extra vases
73. Dried-up pens and highlighters
74. Overflow of reusable bags and bags not in good condition
75. Cardboard boxes saved "just in case"